

Week 11



Integration • Alignment • Expansion



A 7-Day Soul Reflection Journey through the Tarot

This journey invites you to reflect on your path — to acknowledge how far you've come and walk forward with integrity and vision.

Each card this week supports long-term alignment, soulful leadership, and the embodiment of your deepest values. Let this be a week of integration. Of celebrating your wisdom. Of preparing for the life you're ready to build.

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Begin your soul's journey

01 Seven of Pentacles – Patience · Long-Term Vision · Slow Growth

02 Nine of Swords — Worry • Sleepless Thoughts • Inner Shadows

03 Three of Wands — Expansion · Possibility · Future Planning

04 King of Pentacles – Stability • Security • Legacy Leadership

05 Ten of Swords — Ending · Release · New Beginning

06 Six of Wands — Victory · Recognition · Self-Confidence

07 Eight of Wands – Acceleration · Clarity · Forward Motion





★ Trust Your Journey ★ D Seven of Pentacles

Patience, Long-Term Vision, and Slow Growth

A steady space to reflect on your progress, tend what you've planted, and trust the unfolding of what's meant to last.

The Seven of Pentacles asks you to zoom out. To see your life as a garden — not a race.

It's a card of checking in: Is this still working? Does this still serve me? It honors the energy you've invested — and invites you to realign if needed. This is where intention turns into direction. Where patience becomes purpose.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

I trust the process. My efforts are taking root in divine timing.

I honor slow growth as sacred.

I release urgency and stay aligned with what truly matters.

How can I care for the process without rushing it?
What am I building that's worth the wait?



★ Trust Your Journey ★ D Nine of Swords

Worry, Sleepless Thoughts, and Inner Shadows A compassionate space to name your fears, witness your inner dialogue, and gently release what no longer deserves your energy.

The Nine of Swords offers a mirror to your inner dialogue. It asks you to gently examine what's looping in your head and heart.

This is not about shame. It's about sovereignty — choosing truth over fear, awareness over avoidance.

You don't need to solve it all today. You just need to stop suffering in silence.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

My thoughts do not define me. I meet my mind with compassion and clarity.

I speak the fear aloud so it can loosen its grip.

I choose peace — one breath, one belief at a time.

What story or fear have I been silently repeating — and is it still true?
What part of me needs reassurance, not rejection?
What would self-compassion sound like right now?
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Three of Wands

Expansion, Possibility, and Future Planning An inspiring space to lift your gaze, hold your vision, and step boldly toward what's calling you forward.

The Three of Wands is about stepping into the stretch. It encourages you to move beyond the comfort zone and start building what you've envisioned.

It asks: What would you do if you believed it was working? Then gently nudges you in that direction.

You're not starting from scratch. You're building from wisdom — with vision in hand and growth at your back.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

I trust the process of expansion. I am aligned with what I'm ready to create.

I take steps that honor my future self.

I am ready to receive what I've been preparing for.

What am I preparing for — mentally, emotionally, or energetically?
Where have I been shrinking that I'm ready to expand?
What belief needs to shift so I can meet this new vision with clarity?



King of Pentacles

Stability, Security, and Legacy Leadership

A grounded space to lead with wisdom, align your values with action, and build a foundation that supports your long-term purpose.

The King of Pentacles is the steward of wisdom, wealth, and well-being. He doesn't chase — he cultivates. His leadership is firm but fair. Strong but still. Generous without depletion.

This card invites you to align your external world with your internal values — and to lead in a way that sustains, not exhausts.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

I lead with grounded wisdom. My stability supports both myself and others.

I define success in ways that honor my soul.

I am worthy of building something that lasts.

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What am I building — and who benefits from its foundation?
How can I be a steady presence for myself or others right now?
What kind of structure do I need to support my long-term goals?



Ten of Swords

Ending, Release, and New Beginning

A transformative space to acknowledge what's over, release the residual pain, and make peace with what no longer serves your path.

The Ten of Swords brings clarity through contrast. It shows you what has been too much for too long. But it also clears the path for new strength, new insight, new life.

This is a card of endings, yes — but also of possibility. Let go. Look forward. You're already on your way.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

I release what has run its course and make space for what is ready to begin.

I am not defined by what ended — but by what I choose next.

I rise in my own time, in my own way, with my truth intact.

What belief or burden am I finally ready to lay down?
Where have I equated endings with failure — and what else could they mean?
What do I need to hear right now, in this space between what was and what will be?



Six of Wands

Victory, Recognition, and Self-Confidence

An uplifting space to celebrate how far you've come, embrace your success, and walk with renewed trust in your own strength.

The Six of Wands invites you to stop minimizing your magic. To receive the joy of progress.

To celebrate not just the destination — but your courage to keep going.

You don't need to prove anything.

You simply need to remember: you've already won in ways that matter.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

I welcome harmony into my heart, my home, and my relationships.
I recognize and receive the joy that's already present.
I am allowed to feel whole, even while still becoming.

What would it look like to celebrate myself in a way that feels aligned?
How can I honor my growth without needing external validation?
What accomplishment am I proud of — even if no one else sees it?



Eight of Wands

Acceleration, Clarity, and Forward Motion

A dynamic space to move with aligned purpose, clear direction, and the momentum that follows when your energy is finally free.

The Eight of Wands speaks to breakthrough — fast, fluid, and fueled by alignment.

It's the moment when the wait ends.

When messages arrive, energy shifts, and a new chapter opens.

This isn't chaos. It's clarity made real.

Trust it. Move with it. Let it carry you into what's next.

What does this card mean for you today?

Write down your insights, feelings, and any messages that arise.



Affirmations

I welcome clarity and forward movement. I trust what flows with ease.

I honor divine timing and allow aligned momentum.

I move with direction, not pressure.

What direction or decision is becoming clear for me now?
Where have I been hesitating — and what's changed that lets me move?
What does flow feel like in my body, and how can I follow that sensation?